

## Sandiway Primary School

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal choices	Pasta bar Tri Colour pasta served with chicken meatballs in a creamy pepper sauce G, M Or Tomato and basil (V) G, M GF Available	Beef chilli tostada Or Mixed bean chilli tostada (V) G M	Roast chicken dinner Or Roast Quorn fillet dinner (V)	Pizza quattro Fromage (V) Or BBQ chicken pizza G, M	Harry Ramsden's Battered fish fillet G, F Or Vegetable and noodle stir-fry (V) G, E
	Garlic bread Sweetcorn and grated cheese M, G	Rice and sauces	Roast potatoes, mash potatoes, mixed vegetables, Yorkshire pudding and gravy G, M	Seasoned potato wedges peas and sauces	Chips, Sweetcorn or beans
Sandwich or wrap choice	Hot wrap Tuna melt G, E	Sandwiches cheese or egg G, M, E	Sandwiches Tuna or cheese G, M	Hot wrap Bean and cheese melt G, M	Sandwiches Egg or ham G, E
Additional Choice	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E
Deserts	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurts M	Yoghurt M	Yoghurts M	Yoghurt M	Yoghurts M
	Strawberries with meringue and cream M	Shortbread G	Jelly and fruit pot	Iced ginger slice G E M	Rice crispy cake
Available daily	Salad bar, fresh fruit, water and milk G, M	Salad bar, fresh fruit, water and milk G, M	Salad bar, fresh fruit, water and milk G, M	Salad bar, fresh fruit, water and milk G, M	Salad bar, fresh fruit, water and milk G, M

Allergens: Gluten (including Wheat, Barley, Oats) (G), Sesame (Se), soya(S), Milk (M), Fish(F), Egg (E), Mustard (Mu), Celery (C), Sulphite (Su) Vegetarian (V)

## Sandiway Primary School

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal choices	Chicken and chorizo lasagne Or Mediterranean vegetable lasagne (V) G, M, E	Beef Burger in a white bun GF Available Or Quorn Burger in a white bun (V) G, E, M	Giant Yorkshire pudding with pork sausage Or Giant Yorkshire pudding with Quorn sausage (V) G, E, M	Moroccan Chicken Tagine Or Roasted vegetable and chicken pea Tagine (V)	Fish Finger G, F Or Mozzarella sticks (V) G, M
	Garlic bread G	Diced potatoes, sliced cheese and pickled Gherkins	Roast potatoes, mash potatoes mixed vegetables, Yorkshire pudding and gravy. G, M,	Rice or cous cous G	Chips peas or beans
Sandwich or wrap choice	Hot wrap Pizza wrap G, M	Sandwiches cheese or egg G, M, E	Sandwiches Tuna or cheese G, M, F, E	Hot wrap Spicy Cajun chicken wrap G	Sandwiches Egg or ham G, E
Additional Choice	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E	Jacket potato with baked beans, cheese or tuna M, F, E
Deserts	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Yoghurts M	Yoghurt M	Yoghurts M	Yoghurt M	Yoghurts M
	Chocolate Crunch G	Lemon tart G, E	Jelly and fruit pot	Flapjack G	Cheese and Crackers M, G
Available daily	Salad bar, fresh fruit, water and milk M	Salad bar, fresh fruit, water and milk M	Salad bar, fresh fruit, water and milk M	Salad bar, fresh fruit, water and milk M	Salad bar, fresh fruit, water and milk M

Allergens: Gluten (including Wheat, Barley, Oats) (G), Sesame (Se), soya(S), Milk (M), Fish(F), Egg (E), Mustard (Mu), Celery (C), Sulphite (Su) Vegetarian (V)