



What PE looks like at Sandiway Primary School

In PE, we take our children on a journey that is engaging, exciting and empowering for all

Curriculum Intent

Our vision for PE is to deliver a curriculum that is:

Engage

Provide opportunity for pupils to explore their own physical ability and that of others as a means to inspire and motivate them to excel in a broad range of physical activities.

Excite

To develop pupils' interest and enjoyment of PE, helping to instil a positive attitude towards physical activity and competitive sport.

Empower

To ensure pupils experience a progressive curriculum that enables them to develop competence in a variety of skills, techniques and physically demanding activities, and to lead healthy active lives.

National Aim:

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Three forms of knowledge that the curriculum aims to develop:

- motor competence
- rules, strategies and tactics
- healthy participation

Curriculum Implementation

P.E. is taught using the National Curriculum objectives as a starting point and the progressive scheme, The PE Hub. This resource allows and enables both specialists and non-specialists to plan and implement high quality teaching within physical education. Practitioners are encouraged to use the scheme as a 'scaffold' for their planning, but are encouraged to adapt and alter lessons to meet the needs of their learners, using resources such as the TOP PE and differentiation cards. The PE Hub ensures that the 'whole child' is considered throughout their learning journey: Hand, Head and Heart.

We ensure practitioners are supported and 'upskilled' in their delivery of physical education. Teachers are supported on a regular basis through coeducational delivery programmes. The school's PE specialists deliver CPD. Further support is provided by the Vale Royal School Sport Partner to ensure the quality of education is high and that teacher assessments are accurate.

The P.E. curriculum is progressive in both skills and specific aspects of P.E. and sport. The elements of P.E. built upon include gymnastics, dance, multi-skills, invasion games, net games, striking and fielding games and outdoor adventurous activities. The skills and techniques in P.E. that are built upon are running, jumping, throwing, catching, balance, agility and co-ordination, simple movement patterns, competitive games, modified as appropriate, applying basic principles for attacking and defending, developing flexibility, strength, technique, control and balance. Children are given opportunity to explore, experiment and practise these skills and elements of P.E.

In Key Stage 1, children develop fundamental movement skills and extend their agility, balance and coordination.

In Key Stage 2, children continue to apply and develop a broader range of skills, learning how to use them in different ways. They develop an understanding of how to improve in different physical activities and how to recognise and evaluate their own success.

As part of their residential trips, the children develop their outdoor adventure activities, and by comparing their performances with previous ones, they demonstrate improvement to achieve their personal best.

We endeavour to support children in their understanding and accurate use of relevant vocabulary based on the objectives and skills being taught. We encourage our children to be tolerant and responsible citizens through the My Personal Best aspects of the P.E. curriculum, which focus on life skills and qualities such as resilience, problem solving and co-operation.

Curriculum Impact

The impact of PE at Sandiway:

We believe that the ambitious PE curriculum, quality first teaching and continued professional development leads our pupils to be inspired to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness.

How do we know how well our pupils are doing?

- ✓ Teacher observations through AfL strategies
- ✓ Peer feedback through questioning
- ✓ Verbal feedback
- ✓ Pupil voice questionnaires
- ✓ Pupil voice conversations with Subject Leaders/SLT
- ✓ Media analysis
- ✓ Monitoring of children's progress over time using Hand, Head, Heart
- ✓ Professional development opportunities for staff